

Trainingschema Unitas Zaalseizoen 2021 / 2022

|                  | Sypel 1       | Sypel 2   | RSG               |                   | de Bogen          | de Rumels         |    |
|------------------|---------------|-----------|-------------------|-------------------|-------------------|-------------------|----|
| <b>Maandag</b>   | 16:30 - 17:00 |           |                   |                   |                   |                   |    |
|                  | 17:00 - 17:30 |           |                   |                   |                   |                   |    |
|                  | 17:30 - 18:00 |           | E2 - E4 - E6 - E8 |                   | E1 - E3 - E5 - E7 |                   |    |
|                  | 18:00 - 18:30 |           |                   |                   |                   |                   |    |
|                  | 18:30 - 19:00 |           | C3                | B3                | C4                | B4                |    |
|                  | 19:00 - 19:30 |           |                   |                   |                   |                   |    |
|                  | 19:30 - 20:00 |           |                   |                   |                   |                   |    |
|                  | 20:00 - 20:30 |           |                   |                   | A3                | 5                 |    |
|                  | 20:30 - 21:00 |           | 4                 | 6                 |                   |                   |    |
|                  | 21:00 - 21:30 |           |                   |                   |                   |                   |    |
|                  | 21:30 - 22:00 |           |                   |                   |                   |                   |    |
|                  | 22:00 - 22:30 |           |                   |                   |                   |                   |    |
| <b>Dinsdag</b>   | 16:30 - 17:00 |           |                   |                   |                   |                   |    |
|                  | 17:00 - 17:30 |           |                   |                   |                   |                   |    |
|                  | 17:30 - 18:00 |           |                   | D1                | D2                | D3                | D4 |
|                  | 18:00 - 18:30 |           |                   |                   |                   |                   |    |
|                  | 18:30 - 19:00 |           |                   | C1                | C2                | B1                | B2 |
|                  | 19:00 - 19:30 |           |                   |                   |                   |                   |    |
|                  | 19:30 - 19:45 |           |                   | A2                |                   |                   |    |
|                  | 19:45 - 20:00 |           |                   |                   | A1                | 3                 |    |
|                  | 20:00 - 20:30 |           |                   |                   |                   |                   |    |
|                  | 20:30 - 21:00 |           |                   |                   |                   |                   |    |
|                  | 21:00 - 21:30 |           |                   |                   |                   |                   |    |
|                  | 21:30 - 22:00 |           |                   |                   |                   | Selectie          |    |
| 22:00 - 22:30    |               |           |                   |                   |                   |                   |    |
| <b>Woensdag</b>  | 16:30 - 17:00 |           |                   |                   |                   |                   |    |
|                  | 17:00 - 17:30 |           |                   |                   |                   |                   |    |
|                  | 17:30 - 18:00 |           |                   | F1                | F2                |                   |    |
|                  | 18:00 - 18:30 |           |                   |                   |                   |                   |    |
|                  | 18:30 - 19:00 |           |                   | C3                |                   |                   |    |
|                  | 19:00 - 19:30 |           |                   |                   |                   |                   |    |
|                  | 19:30 - 20:00 |           |                   | B3                |                   |                   |    |
|                  | 20:00 - 20:30 |           |                   |                   |                   |                   |    |
|                  | 20:30 - 21:00 |           |                   | 6                 |                   |                   |    |
|                  | 21:00 - 21:30 |           |                   |                   |                   |                   |    |
|                  | 21:30 - 22:00 |           |                   |                   |                   |                   |    |
|                  | 22:00 - 22:30 |           |                   |                   |                   |                   |    |
| <b>Donderdag</b> | 16:30 - 17:00 |           |                   |                   |                   |                   |    |
|                  | 17:00 - 17:30 | D1        | D2                |                   |                   |                   |    |
|                  | 17:30 - 18:00 |           |                   | E2 - E4 - E6 - E8 |                   |                   |    |
|                  | 18:00 - 18:30 |           |                   | D3                | D4                | E1 - E3 - E5 - E7 |    |
|                  | 18:30 - 19:00 |           |                   | C1                | C2                |                   |    |
|                  | 19:00 - 19:30 |           |                   |                   |                   |                   |    |
|                  | 19:30 - 20:00 | A1        | A2                | B1                | B2                | A3                | 5  |
|                  | 20:00 - 20:30 |           |                   |                   |                   |                   | B4 |
|                  | 20:30 - 20:45 |           |                   |                   |                   |                   |    |
|                  | 20:45 - 21:00 |           |                   |                   |                   |                   |    |
|                  | 21:00 - 21:30 | Selectie* |                   | 3                 | Recreanten        |                   |    |
|                  | 21:30 - 22:00 |           |                   |                   |                   |                   |    |
| 22:00 - 22:30    |               |           |                   |                   |                   |                   |    |
| <b>Vrijdag</b>   | 16:30 - 17:00 |           |                   |                   |                   |                   |    |
|                  | 17:00 - 17:30 |           |                   |                   |                   |                   |    |
|                  | 17:30 - 18:00 |           | F1                | F2                |                   |                   |    |
|                  | 18:00 - 18:30 |           |                   |                   |                   |                   |    |
|                  | 18:30 - 19:00 |           |                   |                   |                   |                   |    |
|                  | 19:00 - 19:30 |           |                   |                   |                   |                   |    |
|                  | 19:30 - 20:00 |           |                   |                   |                   |                   |    |
|                  | 20:00 - 20:30 |           |                   |                   |                   |                   |    |
|                  | 20:30 - 21:00 |           |                   |                   |                   |                   |    |
|                  | 21:00 - 21:30 |           |                   |                   |                   |                   |    |
|                  | 21:30 - 22:00 |           |                   |                   |                   |                   |    |
|                  | 22:00 - 22:30 |           |                   |                   |                   |                   |    |